Lessons From Our Children  #6012

We’re all in such a hurry these days, aren’t we? I’m not sure how that happened, but we all seem to be in hyper-drive most of the time. It makes you wonder what we’re missing during the rush, doesn’t it? Case in point….I read an article the other day about a busy mom who stopped to write down the little blessings she received from her four children that didn’t start out feeling like blessings. For example….she said that she was grateful for the eternal mess....She said that the mess created by her children was the quickest cure for her perfectionism. She also said that their hard, embarrassing questions like “Why is that lady so fat?” keeps her mind agile. Their misdeeds behind her back, like a stuck-out tongue or sneaking one more cookie, keeps the eyes in the back of her head sharp. The daily gallop through meals, dishes, lunch packing, laundry, carpool, homework, tucking-in, etc....is a great reminder that life isn’t a destination....it’s a journey.

And watching a child get herself dressed, or slowly and methodically consuming a single graham cracker....makes her laugh at herself sometimes. She says that she’s so set on perma-rush that she automatically gets impatient, even when the 10 minutes really don’t matter. So, she says....it’s good to be reminded to stop and smell the graham crackers. Ahhh the lessons our children teach us. This is Time Out with M’Liss. Copyright 2014, M’Liss Long.